



IMPULSION

The Official Newsletter of the Kentucky Dressage Association

Summer 2023

2023 Show Season
In Full Swing

2023 KDA Calendar

August 19 KDA 16th Annual Schooling Show
Masterson Station Park

October 14-15 KDA Fall Classic I & II
Kentucky Horse Park
Lexington, KY

November 19 KDA Fall Schooling Show
Spring Run Farm
Prospect, KY

Jeremy Steinberg Clinic

Because there was such demand for the last Jeremy Steinberg Clinic, KDA is bringing him back — to Lexington this time — and adding a third day!

WHEN: August 25-27

WHERE: Copper Beach Farm
Georgetown, KY

Auditing is limited but free and available to KDA members. Sign up on the KDA website.

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KDA.Pres@gmail.com

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KDA.VicePres@gmail.com

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vr_lasse@yahoo.com

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KDA.Sec1@gmail.com

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KDA.Members@gmail.com

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KDA.Education1@gmail.com

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KDA.ShowChair@gmail.com

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KDA.YrJr@gmail.com

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A Dream Come True

By Rebekah Mingari-Stought



It has been a dream of mine since I was a Young Rider to train in Wellington, Florida for part of the winter season. Although I had several opportunities to go for short periods of time, I really wanted to stay for a longer duration to be fully immersed in the whole “Wellington” experience. This last winter, I was fortunate to spend two months with my horses and incredible clients in the Winter Equestrian Capital of the World. There is much to see and learn, I cannot emphasize enough how important it is to get out of your comfort zone and home area to stretch your learning boundaries.

Many opportunities surrounded me, including being able to take advantage of training on a masters level, with Charlotte Bredahl (an Olympian, former FEI Judge, and current USEF Development Program Coach). Fortunately, I

have worked closely with Charlotte a number of times in the past, so I was appreciative to have had the chance to work with her on a more consistent basis this past winter in Wellington.

Due to the Kentucky Dressage Association’s Education Grant, I was fortunate to be able to have weekly lessons on my 8 year old Dutch Warmblood gelding, Killian TF. We have been knocking on the door of Third Level, and have a goal of qualifying for the Developing Prix St. Georges in 2024. The focus of the lessons concentrated on tempo, bend, and rider position.

A recent endeavor of mine, with all of my horses, has been to focus on proper tempo. The trot and canter should not change in tempo during collection, where the horse should jump off the ground more, rather than slow down. I understand the concept, but in practice, I

didn’t understand it as well as I thought. We played with numerous transitions within the gaits, to help me feel and understand this idea more thoroughly. We practiced a number of transitions between the working and collected trots and centers on circles as well as within various movements. This also greatly assisted the adding of additional expression within the gaits- where the horse does not need to speed up to be more expressive.

Another weak spot I discovered in my training with Killian is the idea of whole body bend. Killian stands a massive 17.3 hands, so there are a multitude of body parts that need to work together in harmony. Often times, I find myself accidentally pushing his inside hindleg out of circles and out of the corners, instead of pushing it under my seat bones. With the massive size of his neck, I also struggle creating too much bend in the neck where the shoulders and rest of his body have trouble following along properly. An exercise I found helpful, which will create a proper nose-to-tail bend, is the shoulder-in to half-pass and then back to shoulder-in. This exercise assists in the half-passes to keep the proper bend, without having the horse fall on his nose and shoulder. The traverse on the wall is also very helpful, as sometimes allowing the outside of Killian’s body to come around my inside leg was difficult for me.

A final topic we focused on was my body position. I have often found that with riding so many young horses, I have a tendency to want to help more in my body than what is actually helpful for the horse. I had to really concentrate and make an effort to keep my upper body as still as possible, while also

Dream Come True ... Continued

keeping my hips as supple as I could while following my horse's strides. I needed to focus on keeping my hands soft and forward. I had to remind myself to keep my inside leg, right at his girth, and outside hip back, both in the shoulder-in's and half-passes.

Since returning home, I now make a conscious effort to keep these ideas and

teaching points at the forefront of my mind while training all of the horses in my program, especially the more highly educated ones. I can't emphasize how much I learned from these valuable lessons in Wellington, and I am excited to use all of these exercises and training points in my program for many years to come! I am so grateful that the Ken-

tucky Dressage Association offers grants like these to Open riders. This year, I was able to expand my education more so than I have in a long time. I am also grateful to Charlotte Bredahl for all of her knowledge, and for taking the time to fit me in to her busy schedule.

KDA Early Spring Show April 8, 2023 High Scores

		CHAMPION	RESERVE
Overall	OPEN	KAYLA JOHNSON 72.222% 1-1	SUSAN MACHIN 70.8% T-3
	AA	SARAH GEISINGER. 70% 1-2	AMANDA WOODALL 66.8% T-3
	(TIE)	LAURA BURKHART 70% T-1	
	JR/YR	DANIELLE MOAN 72.308% T-1	ADALEE LADWIG 65% 3-3
		Horse	Rider
TIP	Training	RUNAWAY WILDCAT	SUSAN MACHIN T-3 70.8%
	1 st Level	LED ASTRAY	SAMANTHA MCLEAN 1-1 70%
		LED ASTRAY	SAMANTHA MCLEAN 2-1 65.857%
High Score		RUNAWAY WILDCAT	SUSAN MACHIN T-3 70.8%



Time and Money: The Volunteer Dilemma

As a volunteer for various KDA dressage shows and events, I truly appreciate the cacophony of participant voices that say “thank you” whenever they pass by. It’s nice to be appreciated. And volunteering is fun — hard work, but fun. You get an opportunity to watch your friends and perhaps your future competition. You learn how to do new things and often how to perfect things you already know. When you volunteer, you can augment your wardrobe with a new tee shirt emblazoned with the KDA logo. When the volunteer raffle comes your way, you could win a store gift card or a small stack of lottery tickets. To top off the perks, there is always a plethora of experts around to answer any questions you may have about almost any topic.

All that said, every show seems to rely on the same volunteers time and time again. Most shows need between 11 and 22 volunteers per day and there are about 150 KDA members to help fill those slots. It’s time for everyone to step up as some of those stalwart givers are who are called upon over and over again need a break. If you’re a member working toward the KDA year-end awards, volunteering is a must. But even if you’re not headed in that direction, your services are needed on show days. Volunteer coordinators have noted that it’s becoming more and more difficult to fill the slots necessary to run the show: scribes, runners, ring stewards, set up, tear down, bit check, etc.

So what happens if those positions can’t be filled with

volunteers? Unfortunately, show organizers will be forced to pay to have those positions filled and that means those costs will have to be passed on to competitors. Aren’t shows expensive enough? Help keep the costs down—volunteer at the next show or event and come have some fun!

To volunteer, check out the sign-up opportunities on eventingvolunteers.com, area VIII. All are wel-

come. If you don’t have experience, come get some; we’ll train you.

“Being a KDA volunteer gives you a wonderful sense of belonging and working for a top-notch show team at a world-class facility has unforgettable rewards.”

Robin Weinstein



SPRING WARM UP & KDA 36TH ANNUAL DRESSAGE SHOW

May 26-28, 2023

High Scores

FRIDAY/SATURDAY		<u>CHAMPION</u>		<u>RESERVE</u>	
TRAINING LEVEL	OPEN	KAYLA JOHNSON	T-3 75.8%	SUSAN MACHIN	T-3. 71.8%
	AA/JR/YR	JESSIE BORGMEYER	T-3 70.8%	KARA HERTZ	T-2. 69.828%
1ST LEVEL	OPEN	HOLLY TAYLOR	1-3 78.611%	KAYLA JOHNSON	1-3. 74.167%
	AA/JR/YR	TAYLOR KERLEY.	1-3. 69.722%	JESSIE BORGMEYER	1-3. 66.667%
2ND LEVEL	OPEN	SVETLANA VON WERNICH	2-1 72.571%	GRACE MCCALL	2-3. 71.548%
	AA/JR/YR	ERIN BIRKENHAUER	2-1. 69.000%	VERONICA SAMBOR	2-3. 66.667%
3RD LEVEL	OPEN	ALI POTASKY	3-3 71.625%	HOLLY TAYLOR.	3-3. 68.25%
	AA/JR/YR	LAURIE SALDANA	T-4 TOC 3-3 69.375%	ALSTON KERR	3-3 68.25%
4TH LEVEL	OPEN	REBECCA DOSCH.	4-2 67.632%	SILKE WHITE	4-1 65.526%
	AA/JR/YR	JESSIE BORGMEYER	4-1 65.921%	JACQUELINE BEASLEY	4-3 65%
FEI	OPEN	MEGHAN RIVIELLO	PSG-GP TOC 74.559%	ANGELA JACKSON.	I-1 70.662%
	AA/JR/YR	MARY PILLER.	YR TEAM TEST 73.235%	ELLA FRUCHTERMAN	YR TEAM TEST 68.088%
FREESTYLE	OPEN	GRACE MCCALL	T-4 TOC F/S 72.053%	JOAN GARIBOLDI	T-4 TOC F/S 70.9%
	AA/JR/YR	LAURA SWART	T-4 TOC F/S 71.237%	VIRGINIA REESER.	T-4 TOC F/S 70.706%
OVERALL					
	OPEN	HOLLY TAYLOR	1-3 78.611%	KAYLA JOHNSON	T-3 75.8%
	AA	JESSIE BORGMEYER	T-3 70.8%	KARA HERTZ	T-2. 69.828%
	JR/YR	MARY PILLER.	YR TEAM TEST 73.235%	TAYLOR KERLEY	69.722%
NDCP	PONY	MIKAELA'S FAITHFUL STAR		AUGUSTINE HOF	
		ARIANNA LADD	1-1. 65.926%	VIRGINIA REESER.	T-4 TOC 64.6%
TIP	OUT OF	*****HORSE*****		*****RIDER*****	
300031948.	3	INTRO	LAST STAGE. INTRO C 71.25%	MADELEINE MCCOLLOUGH	
300020817.	5	TRAINING LEVEL	RUNAWAY WILDCAT. T-3 71.8%	MELISSA PAPPAS	
300032391.	4	1ST LEVEL	CITIZEN WELLS. 1-1. 66.296%	HONORA JACOB	
300000508	5	2ND-4TH LEVEL	IMA LITTLE WAKI 3-3 64.125%	SARAH ANDRES	
300010701.	1	FEI	PITTER PAT FEI TOC PSG 62.794%	KRYSTINA WRIGHT	
300020817		OVERALL	RUNAWAY WILDCAT. T-3 71.8%	MELISSA PAPPAS	



All photos by Lisa Michelle Dean Photography. Links to these and many other wonderful memories from KDA events can be found at lisamichelledeanphotography.shootproof.com.

KDA Classic

Saturday, July 22, 2023

High Scores

		<u>CHAMPION</u>	<u>RESERVE</u>
TRAINING LEVEL	OPEN	KIRSTEN FADENHOLZ. 67.6%. T-3	REBEKAH MINGARI STOUGHT 67%. T-3
	AA/JR/YR	MARY PILLER 77.2%. T-3	ANNA WALLACE 70% T-3
1ST LEVEL	OPEN	MEGHAN RIVIELLO 71.296%. 1-1	GRACE MCCALL 70.972% 1-3
	AA/JR/YR	JENNIFER SLOAN 67.727%. 1-2	ISABEL BRUNKER 67.037% 1-3
2ND LEVEL	OPEN	SIMONE CARDOSA 60.714%. 2-1	SHOSHANA RUDSKI 59.571% 2-1
	AA/JR/YR	ISABEL BRUNKER. 66.143%. 2-1	STEFANIE ERLWEIN 65.833% 2-3
3RD LEVEL	OPEN	REESE KOFFLER STANFIELD. 69.625% 3-3	CALLIE JONES 68.784% 3-1
	AA/JR/YR	ANNA WALLACE 67.625%. 3-3	SYLVIA TAYLOR 61.75%. 3-3
4TH LEVEL	OPEN	ALI POTASKY. 73.611%. 4-3	REBECCA DOSCH 67.778%. 4-3
	AA/JR/YR	JACQUELINE BEASLEY. 72.222%. 4-3	AMANDA MOLTER 67.237%. 4-1
FEI	OPEN	ALI POTASKY 73.824% I-11	NICOLE LEVY 71.765. PSG
	AA/JR/YR	SUSAN MCSHERRY JONES. 68.382%. I-1	MEREDITH TALLEY 67.794%. I-1
FREESTYLE	OPEN	ANGELA JACKSON 77.175%. FEI I-1 F/S TOC	GRACE MCCALL. 72.026% 2ND LVL F/S TOC
	AA/JR/YR	ANNA WALLACE 72.361% 1ST LVL F/S TOC	DIANNA HARMON. 71.028% 1ST LVL F/S TOC
OVERALL			
	OPEN	ALI POTASKY 73.824% I-11	ALI POTASKY 73.611% 4-3
	AA	JACQUELINE BEASLEY. 72.222%. 4-3	ANNA WALLACE 70% T-3
	JR/YR	MARY PILLER 77.2%. T-3	KAYLEY KNOLLMAN 69.31% T-2
NDCP	PONY		
TIP		*****HORSE***** **	*****RIDER*****
	INTRO		
	TRAINING LEVEL	REALLY REALLY T-2 68.276%	KARA HERTZ
	1ST LEVEL	SECURITY 1-1 T-4 TOC 65.741%	SARAH REDMOND
	2ND-4TH LEVEL	RAMBO RUCKUS 4-3. 61.944%	TAYLOR STORY
	FEI	PITTER PAT FEI TOC 62.059%	KRYSTINA WRIGHT
	F/S		
	OVERALL	REALLY REALLY T-2 68.276%	KARA HERTZ



KDA Classic

Sunday, July 23, 2023

High Scores

		<u>CHAMPION</u>			<u>RESERVE</u>		
TRAINING LEVEL	OPEN	KIRSTEN FADENHOLZ	73.4%	T-3	SUSAN POSNER	73.2%	T-3
	AA/JR/YR	MARY PILLER	78.4%	T-3	KAYLEY KNOLLMAN	75.2%	T-3
1ST LEVEL	OPEN	MEGHAN RIVIELLO	75.556%	1-1	REBEKAH MINGARI STOUGHT	64.444%	1-3
	AA/JR/YR	ANNA WALLACE	68.194%	1-3	KARA HERTZ	66.667%	1-1
2ND LEVEL	OPEN	GRACE MCCALL	68.333%	2-3	CAROLINE DANNEMILLER	64.881%	2-3
	AA/JR/YR	ERIN LIEDLE	68.81%	2-3	ISABEL BRUNKER	67.571%	2-1
3RD LEVEL	OPEN	ALI POTASKY	74.625%	3-3 TOC	KATHA GATTO WARNER	74.375%	3-3
	AA/JR/YR	SYLVIA TAYLOR	65.625%	3-3	RILEY WARNER	65.541%	3-1
4TH LEVEL	OPEN	ALI POTASKY	71.25%	4-3	REBECCA DOSCH	60.417%	4-3
	AA/JR/YR	SYLVIA TAYLOR	63.289%	4-1	AMANDA MOLTER	63.026%	4-1
FEI	OPEN	ALI POTASKY	73.088	I-11	ANGELA JACKSON	71.471%	FOC I-1
	AA/JR/YR	ELLA FRUCHTERMAN	67.5%	PSG	JACQUELINE BEASLEY	65.441%	PSG
FREESTYLE	OPEN	GRACE MCCALL	73.5%	2ND LVL F/S TOC	LINDA STRINE	70.775%	4TH LVL F/S TOC
	AA/JR/YR	ANNA WALLACE	69.65%	3RD LVL F/S TOC	MEREDITH TALLEY	69.55%	I-1 FEI F/S TOC
OVERALL							
	OPEN	MEGHAN RIVIELLO	75.556%	1-1	ALI POTASKY	74.625%	3-3 TOC
	AA	JULIE CLARK	71.6%	T-3	CRISTIN RICHEY	70.2%	T-3
	JR/YR	MARY PILLER	78.4%	T-3	KAYLEY KNOLLMAN	75.2%	T-3
TIP	OUT OF	*****HORSE*****			*****RIDER*****		
300036766	4	TRAINING LEVEL	MANDARA	73.2%	T-3	SUSAN POSNER	
300015436	4	1ST LEVEL	REALLY REALLY	66.667%	1-1	KARA HERTZ	



WOODSPRING FARM
Kathy Priest Dressage